

DRIVER TRAINING SERIES



DEFENSIVE DRIVING





AGENDA

Purpose: To Save Lives & Prevent Collisions
Goal: Improve Driver Safety Awareness

OVERVIEW

- Gain a deeper understanding of how to stay safe and mitigate costs associated with motor vehicle accidents.
- Learn how to drive safely and defensively.
- Honest discussion of actual events that have occurred and how they might have been prevented.



THE FATAL FOUR

1. SPEEDING

- Less time to react
- Less distance to stop

2. NOT USING SEATBELTS

According to the CDC, for front-seat passengers:

- Seatbelts reduce the risk of death by 45%
- Seatbelts cut the risk of serious injury by 50% according to the CDC.

3. FATIGUE

- Can cause blurred vision
- Reduces reaction time

4. DRINKING AND DRIVING

- Affects depth perception
- Impairs motor skills





SPEEDING TOPICS

- Keeping up with the flow of traffic
- 5 mph over the speed limit myth
- Following too closely* #1 Risk Variable
- Maintaining a cushion of space around your vehicle
- Beware of other drivers darting in and out of traffic
- When the light changes, relax, and look before proceeding



SEATBELT TOPICS

- If seatbelts are uncomfortable look at aftermarket products to make them more tolerable.
 - How many do not wear seatbelts when not at work? Why?
- Fasten the seatbelt before you drive, not while driving
 - How many put the shoulder strap behind their back?
- Ensure passengers are also buckled up
- 100% seatbelt compliance saves lives and prevents injury



FATIGUE TOPICS

- Get enough sleep. Don't arrive to work fatigued.
- Working long hours? Be sure to incorporate sufficient breaks.
- Deadlines approaching? If the work expected is unreasonable, speak with your supervisor about getting more help. Perhaps a driving team so one can rest while the other drives.
- If you exhibit signs of drowsiness, stop for a short nap rather than pushing yourself too hard.
- Avoid distractions like cell phone use or eating while driving



INTOXICANTS

- **Alcohol & Marijuana**
 - **What else might impair your ability to drive?**
- **JUST DON'T DRINK AND DRIVE**
- **NO EXCUSES**

THE CHALLENGE

IT PAYS TO BE A WINNER

- Drive the speed limit. The driver with the least speeding events recorded in your GPS tracking data during the challenge period wins.
- Prize Announcement

[View Training Videos](#)



LINKS TO RELATED BLOG POSTS

[Fleet safety education - 11 beneficial courses to consider](#)

[Education in fleet management - fleetistics fleet management solutions](#)

[Staged accidents target commercial vehicles - take action!](#)





ADDITIONAL RESOURCES

SUGGEST A TRAINING:

MARKETING@FLEETISTICS.COM

REQUEST TRAINING:

TRAINING@FLEETISTICS.COM

MORE INFORMATION ON DASHCAMS, LONE WORKER, DVIR, ASSET TRACKING, IOT

SALES@FLEETISTICS.COM

CONTACT US:

CONTACT@FLEETISTICS.COM 877.467.0326

A row of white utility trucks, likely fire or maintenance vehicles, parked on a gravel lot. Each truck has orange emergency lights on its roof. The trucks are viewed from a front-quarter perspective, receding into the distance. The background shows a dense line of green trees.

USE THIS LINK TO ACCESS YOUR
NEXT TRAINING CLASS AGENDA